

Excellence with a difference

Where There is a Will, There is a Way: CA Girl Triumphs over Tragedy to Script a Success Story in Swimming



“Body achieves what the mind believes.” CA. Indresh Palan, differently-abled since childhood, is a living example of this saying. Overcoming her physical adversity, she has secured a Gold Medal in 100 meters Free Style event at the XVI National Paralympic Swimming Championship recently held in Jaipur. The Suffering of Polio in one leg has failed to deter this gutsy and spirited chartered accountant from following her passion for swimming. Read on to know about her inspirational story...

Having attained a Master of Commerce from Mumbai University, she swears by the three Ps, i.e., patience, practice and persistence, which not only helped her excel professionally but also excel with a difference in swimming championships. In 2015, she was selected at the state level to represent Gujarat in the XV National Paralympic Swimming Championship held in Belgavai, Karnataka where she finished at the 4th position. This was her first exposure to a national level event and there has been no looking back since then. In February 2016, she participated in Khel Mahakumbh in the General Category and attained 3rd place and in October 2016 she again participated in Khel Mahakumbh in the General Category and secured 2nd place. She gave an astounding performance at the XVI National Paralympic Swimming Championship held in Jaipur, Rajasthan held in March-April, 2017 where she secured a Gold Medal.

Hailing from a family of sports enthusiasts, with both her husband and son having competed in Asia Open Taekwondo

Championship, 2016, her journey to the top of her game has been made easy by their unflinching support and motivation.

An inspiration for many as an example of unwavering grit and determination, CA. Indresh Palan completed her CA in 2006 from Mumbai and has also cleared UGC (NET). She has the varied experience of working with two global firms. With a view to explore more opportunities she obtained Certificate of Practice in 2012. A head-on collision with credit card fraud ignited in her the desire to learn more about financial and digital forensics which led her to take up the Forensic Accounting and Fraud Detection (FAFD) Course conducted by The Institute of Chartered Accountants of India. After completing the course in 2014 she added another feather to her cap by completing the Faculty Development Programme for FAFD in 2015 and has also served as a faculty in the FAFD course.

We wish her all the very best for the upcoming Asian Games in Indonesia in 2018, and hope that she continues to put up her best show and inspire millions through her achievements. ■

(Contributed by Editorial Board Secretariat of ICAI.
Comments can be sent to eboard@icai.in.)